

# SWIMMING LESSONS

## Fall & Winter

### 2010-2011

ALTAVISTA AREA YMCA

\*Classes meet **Monday & Wednesday** for 4 weeks.

Instructors certified in American Red Cross Water Safety.

Small classes so swimmer gets the most out of the learning experience!

Recommended age: 4 and up.

Class maybe cancelled if less then 3 participants.

#### **FALL SESSIONS:**

**Session I:** Sept 13-Oct 6  
11:30-12:00 Level I/II  
4:45-5:30 Level I/II

**Session II:** Oct 11-Nov 3  
11:30-12:00 Level I/II  
4:45-5:30 Level I/II

**Session III:** Nov 8-Dec 1  
11:30-12:00 Level I/II  
4:45-5:30 Level II/III

#### **WINTER SESSIONS:**

**Session I:** Jan 3-26  
11:30-12:00 Level I/II  
4:45-5:30 Level I/II

**Session II:** Jan 31-Feb 23  
11:30-12:00 Level I/II  
4:45-5:30 Level II/III

**BEGINNING ADULTS**  
For 8 Fridays- 9:45-10:30  
Oct 1 through Nov 19

**COST: Members-\$35.00    Non-members-\$55.00**

**Cancellation fee of 15%-or transfer to another class**

*The Altavista Area YMCA is fortunate to have the E.R. English Scholarship Fund for those who need financial assistance. Call 369-9622 for details.*

QUESTIONS? Call 369-9622 or e-mail [ayaquatics@comcast.net](mailto:ayaquatics@comcast.net) for more information

Register for Swim Lessons at the Family Center-1000 Franklin Ave. Altavista, VA 24517